Taree Public School Newsletter

Friday 21st August
Netball Gala Day
NO Kinder Transition
Assembly @ 1.40pm

Friday 28th August
Hunter Athletics
Kinder Transition
Assembly @ 1.40pm

Wednesday 2nd September
Book Parade @ 10am
Book Fair

Friday 4th September
Kinder Transition
Assembly @ 1.40pm

Friday 11th September
Touch Gala Day
Kinder Transition
Assembly @ 1.40pm

UPCOMING EVENTS

Taree Public School will be celebrating BOOK WEEK and NATIONAL LITERACY and NUMERACY WEEK from Monday 24th August - Friday 6th September. Events will include a BOOK WEEK PARADE, BOOK FAIR and a variety of activities that focus on making literacy and numeracy fun. All students will also take part in a whole school reading of a selected book.

UPCOMING EVENTS

UPCOMING EVENTS

UPCOMING EVENTS

PRINCIPAL’S REPORT

This week our new entrance to the school has been opened. Students and visitors to the school will now use this entry every day.

A big congratulations to the students from Taree Public School who attended the Zone Athletics Carnival held in Tuncurry on Friday 7th August. Thank you to the staff, parents & grandparents who came and supported our students. Our 5 students who qualified to go through to the Hunter PSSA Regionals being held in Newcastle on the 28th August have been training very hard at school.

Last week I attended an in-service in Sydney on Work Health & Safety in our Public Schools, with an emphasis on the importance of incident reporting on all incidents. We also looked specifically at the health and wellbeing framework to better support schools.

Mrs Hickson also attended a ‘Consistent Teacher Judgement Course’ at the Christian Community School this week and Mrs Murray is in Coffs Harbour today & tomorrow for the ‘Early Action For Success’ meeting.

Mrs Karen Clark
School Principal
THEM FROM ME SURVEY

Taree Public school is again participating in the Department of Education and Communities initiative: The Tell Them from Me Survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices. Selected children completed phase one of the survey in Term One and we are now seeking interested parents to participate in the Parent phase. You will have received a flyer outlining the survey earlier this week.

The survey is confidential and school staff will not be able to identify individuals from their responses. It is conducted online and will typically take less than 30 minutes to complete.

If you are interested in participating please contact Gai Hickson during school hours on 65521233.

The student phase will again run this term. If you have a child in Years Three, Four, Five or Six and you do not wish them to participate please return the form to school by Friday 21st August.


TELL THEM FROM ME STUDENT FEEDBACK SURVEY

If you do not want your child to participate in the student feedback survey, please sign this form and return it to your school by Friday 21st August, 2015.

If (print name) ................................................................. DO NOT give consent for my child/children (print name/s) ................................................................. of class/es ..............................................to participate in the Tell Them From Me student feedback survey.

NETBALL GALA DAY

Tomorrow (Friday 21st August) a group of 8 girls will travel to Boronia Park netball courts in Forster with Mrs Raymond & Mr Johnston leaving school at 9am and returning approx. 3pm to compete in the Zone Netball Gala Day. Good Luck Girls!

Celebrating 70 years of Book Week’s in schools

"Books light up our world"

Wednesday 2nd September 10:00am -12noon

Taree Public School will be holding a Book Week Parade and Book Fair on Wednesday 2nd September. Students and parents will also be invited to participate in a range of Literacy and Numeracy activities.

Children are invited to dress up as a character from their favourite book or movie and show off their costume in the parade!

The parade will begin at 10:00am and will be followed by activities under the COLA. Following this all guests are invited to join the children in the playground for a picnic lunch. During lunch students and visitors will have the opportunity to view and purchase a range of goods at the Book Fair.

NSW PREMIER’S SPELLING BEE
Can you spell all the words in the following sentence?
It was irrelevant that he placed the knapsack down with such lassitude because he knew that it had irreparable damage.
These are just some of the words that our school representative Joshua Leonard will face at the upcoming NSW Premier’s Spelling Bee Regional Final. The event will be held at Old Bar Public School September 16th and we wish the him all the best as he wades through a labyrinth of words during the lead up to the event.

BURRANG
We are very lucky to have a Prac student from Newcastle, for the next 6 weeks. His name is Mr Johnston and he is training to be a Special Education Teacher. We are looking forward to having him in our room for this time.
We have been very busy creating our own costumes for the story ‘Lester and Clyde-Running Scared’. The students will participate in a variety of activities based on this book. The students will recreate the scenes from the text by taking part and using expression, movement and sound to build a role. They are then going to perform this story to the class.
August is Fruit and Vegetable month and this year’s theme is - ‘Lets Go Green’. All the classes will be learning about healthy habits. Burrang class have had a green tasting day with some of the green foods coming from the vegetable garden. Research shows that on average Aussie kids don’t eat enough vegetables. In fact, only 8.6% of children aged 4-8 and 4.6% of those aged 9-13 eat the recommended serves of vegetables each day (ABS, 2014).

ZONE ATHLETICS
On Friday August 7th, 17 students from Taree Public School competed in the Zone Athletics Carnival at Tuncurry Oval.
Students who qualified for the carnival were: Tiara Cochrane-Paulson; Elizabeth Cutrale; Oscar Smith; Joshua Leonard; Clayton Thorpe; Serge Morcome; Hannah Cutrale; Braye Cochrane; Charlie Baxter; Michael Armstrong; Janara Simon; Danielle Ridgeway; Georgie Jeffree; Grace Deadman; Myarla Morcome.
Standouts for the day were Braye Cochrane qualifying for the Hunter Zone Athletics Carnival in the 100 metres and our PP5 mixed relay team, Tiara Cochrane-Paulson, Elizabeth Cutrale, Serge Morcome and Caleb Byers.

COMMUNITY CALENDAR
**Kids Care @ PCYC** — Book into our K-6 after school care program to receive a 50% discount on your gymnastics fees! We provide school pick up, afternoon tea & activities—for more info contact PCYC 6551 0292.

**PCYC Annual Show** — Manning Entertainment Centre—Saturday 5th September 1.30pm & 6.30pm—Tickets available online at http://www.mec.gtcc.nsw.gov.au or at the Manning Entertainment Centre.

**Taree Touch** — Registration day on Monday 31st August from 4pm till 6pm at Taree Touch Club—REC Grounds — Competition begins Monday 7th September — $50 per child — Enquiries contact 0457 826 001 or tareetouch@gmail.com

Be Proud, Be Safe, Be Respectful

Page 3
ACKNOWLEDGEMENT OF COUNTRY
We would like to acknowledge the Biripi people who are the traditional custodians of this land. We would also like to pay respect to the Elders both past and present of the Biripi Nation and extend that respect to other Aboriginals.

WOOLWORTHS EARN & LEARN
Don’t forget to keep collecting the Earn & Learn Stickers from Woolworths.

For each $10 spent in store you will receive a sticker, the more stickers Taree Public School earn the more great learning resources we can get for our school.

We have a box to collect the stickers at school near the staff room and another box outside Woolworths store.

FOYER DISPLAY & ASSEMBLY ITEMS
Week 7 & 8 Foyer Display - 3-6R - Burrang
Week 7 Assembly - 4/5/6D - Guraaban
Week 8 Assembly - 2/3V - Guparr

**Good for Kids good for life**
**LET’S MOVE MORE**

At least 60 minutes a day – in many different ways.

Children’s daily physical activity does not have to be done all in one go. The 60 minutes can be accumulated throughout the day.

Remember, even if your child doesn’t play sport, there are lots of activities they can do. Doing active in a variety of ways will help children get all the benefits.

If your child is not doing 60 minutes of physical activity every day they will benefit from gradually increasing their ability to reach this amount.

Intensity

While all physical activity is beneficial, the Guidelines recommends moderate to vigorous intensity physical activity.

Mild to Moderate Intensity activities require some effort, but children can still speak easily while doing them.

Eg. walking, swimming, riding a bike or scooter and netball.

Moderate Intensity activities require more effort and make children breathe harder and feel their heart beating

Eg. running, cycling and playing tag, and many organised sports like soccer and basketball.

High Intensity Activities require maximum effort and makes children breathe hardest and feel their heart beating fast.

Eg. running, playing netball or soccer, or playing on a ride-on mower.

So...30 minutes moderate activity
20 minutes walking or riding to and from school and 30 minutes moderate activity at school = 60 minutes.

Sources: Department of Health Physical Activity Guidelines Resource

Good for Kids good for life
LOOKING FOR SOME NUTRIENT PACKED LUNCHBOX SNACKS FOR YOUR ACTIVE CHILD?

Try these seven sensational nutrient packed snacks!

1. Nut free trail mix (pumpkin seeds, sunflower seeds, sultanas, dried cranberries, popcorn)
2. Sultana, cheese & rice crackers
3. Hardboiled egg & cherry tomatoes
4. Fruit salad & yoghurt or custard
5. Rice cakes with avocado and cheese
6. Pre-cooked corn cob
7. Hummus & crackers & capsicum slices

Sources: Murumbidgee Local Health District

**Be Proud, Be Safe, Be Respectful**